



FOOD

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PAPAL FAVOURITES SERVED UP IN NEW RECIPE BOOK

🕒 23 OCT , 2014

By Monique Camarata

(<http://briefly.today/author/monique-camarata/>)

From an Argentinian dessert that translates as “milk candy” to Polish ravioli, a member of Vatican’s famed Swiss Guard on Tuesday (Oct 21)

unveiled a range of recipes of dishes favoured by popes. Member of Swiss Guard features dishes from various countries. It includes recipes for dishes such as the Dulce de Leche a milk-based dessert created in Argentina a century ago which made its way to the Vatican's tables in 2013 with Pope Francis.

- David Geisser, 24, who joined the elite Vatican security corps a month ago launched his cookbook Buon Appetito, Guardia Svizzera (Bon Appetit, Swiss Guard) in Rome.
- There is also the Polish pierogi, or dumplings of unleavened dough traditionally stuffed with potato filling, sauerkraut, meat, cheese or fruit – a nod to the late pope John Paul II – and Bavarian delicacies favoured by Pope Emeritus Benedict XVI.